

**AUMA's Health & Wealth Forum:
A conversation for plan administrators**

Agenda* (update May 28, 2019)

Please Note: Agenda will be updated as information becomes available

Thursday, June 20

Time	Session
7:00 am – 7:45 am	Registration & Breakfast
7:45 am – 8:00 am	Opening Ceremonies
8:00 am – 10:00 am	<p>Mental Health Panel <i>Join us as we explore the cause, effects, and impacts of mental health in the workplace. Learn how you can support those around you, and how you can seek help for yourself.</i></p>
10:15 am – 11:15 am *Concurrent Sessions	<p>Financial Wellness <i>Speaker: Brenda Prysko, Partner, Aon</i></p>
	<p>Creating Respectful Work Environments and an Inclusive Culture <i>Speaker: Jeff Simpson, Senior Director, Human Resources, AUMA</i> Session: During this session, we will explore the importance of diversity and inclusion in the workplace, your role as an employer, best practices, and some resources for you to takeaway.</p>
11:30 am – 12:15 pm	<p>Mental Health and Absenteeism <i>Speaker: Blair Dagg, Account Executive, Morneau Shepell</i></p>
12:15 pm – 1:00 pm	Lunch
1:00 pm – 2:00 pm *Concurrent Sessions	<p>Stress: A Conversation on Resistance, Resilience, and Recovery <i>Speaker: Jeff Sych, M.Sc., Registered Psychologist</i> Session: This interactive presentation will focus on work place mental health and the effects of stress in public safety personnel. Understanding the unique nature of stress in this employee population and effective resistance, resilience and recovery programs will be the primary focus of the presentation. Organizational and operational factors known to increase the risk of psychological injury as well as what can be done by organizations to mitigate risk of harm will be presented. Participants will leave with an understanding of common psychological stress reactions, effective stress management strategies, as well as best practices in organizational programs and services.</p>
	<p>Occupational Health & Safety: #metoo and other emerging issues <i>Speaker: Anthony Purgas, Partner, Reynolds Mirth Richards & Farmer LLP</i> Session: In this session, Anthony will review current and emerging issues for employers in OHS. We will also discuss the new requirement for a harassment and workplace violence policy, hazard assessment, and ways to minimize liability for employers.</p>
2:15 pm – 3:15 pm *Concurrent Sessions	<p>Fraud Protection and the effects on Benefit Programs <i>Speaker: Gary Askin, AVP, Fraud Risk Management, Sun Life Financial</i></p>

	<p>Marijuana at Work <i>Speaker: Kelsey Becker Brookes, Partner and Municipal Team Lead, Reynolds Mirth Richards & Farmer LLP</i> Session: Existing and future laws governing the use and possession of cannabis will be reviewed, and the impact on workplace drug and alcohol policies, safe driving policies, and disability management will be discussed.</p>
3:30 pm – 4:30 pm	<p>How to Have Difficult Conversations <i>Speaker: Kevin Gangel, Partner/Co-Founder, Unstoppable Conversations</i></p>
4:30 pm – 6:30 pm	<p>Networking Reception (Appetizers and cocktails will be provided)</p>

Friday, June 21

Time	Session
7:00 am – 8:00 am	Registration & Breakfast
8:00 am – 9:00 am	<p>Keynote: Funny, You Don't Look Crazy <i>Speaker: Victoria Maxwell</i> This keynote captures Victoria's experience of employment before, during and after bipolar disorder, anxiety and psychosis. It helps people better understand mental health issues in the workplace and best practices for returning to work. Attendees will walk away enlightened and entertained, holding an expanded vision not of what's improbable, but instead of what is possible.</p>
9:15 am – 10:15 am *Concurrent Sessions	<p>Trends and Challenges in Benefits <i>Speaker: Cheri Burdeyny, CEBS, Associate Vice President, Aon</i> Session: Employers continue to experience pressures to provide comprehensive, yet sustainable employee benefit programs. This session will review trends in the Canadian benefit industry, as well as leading cost drivers that are challenging benefit plans.</p>
	<p>The Importance of an Expert Medical Opinion <i>Speaker: Gabriela Mantilla, Client Executive, Best Doctors</i> Session: Learn how we help our members make informed medical decisions with confidence.</p>
10:30 am – 12:00pm	<p>Steps to Managing Workplace Bullying and Harassment <i>Speaker: Linda Crockett MSW, RSW, SEP, Founder of Alberta Bullying Resources and Co-Founder of the Coalition of Alberta Workplace Specialists.</i> <i>Speaker: Bob Stenhouse, Founder of Veritas Solutions, and Co-Founder of the Coalition of Alberta Workplace Specialists.</i> Session: In this session, we will have a brief overview of definitions, signs, tactics, organization impact, psycho-social implications on targets, bystanders, and those identified with harassing/bullying behaviours.</p> <p>We will then review the Occupational Health and Safety Act (Bill 30) changes, employee rights and responsibilities, company policies, how to address issues in the workplace, and precautions and actions to be taken to prevent and address harassment and bullying in the workplace.</p>

12:00 pm – 1:30 pm	Lunch & Keynote Speaker: Spencer Beach Keynote: How do you embrace change when it happens? Whether it is in a corporate restructure, new initiatives, a policy role out or change from unforeseen circumstances this presentation will ignite the audience in positively impact the outcome of change. Spencer opens his heart and relives his story to share with the audience how every fearful and painful moment was to become a blessing. By using his expert story-telling and amazing sense of humor Spencer will ignite the audience to believing in the power of help. He will share why change is positive as the audience discovers his greatest lesson was <i>Forged in the Heart of Fire</i> .
1:30 pm	Closing Remarks

*This is a working agenda. Agenda is subject to change.